



focused on you

## NLP Practitioner Programme NLP Core Skills - Module 1

Welcome to NLP. This diploma level course is aimed at beginners who have no previous experience in NLP. It is a full-on action based course where you will learn the core skills of NLP and apply them to your life.

This NLP Core Skills Diploma is also the Module I of the NLP Practitioner Programme. If you decide to also study the NLP Practitioner Course you will only have to study Module II on the basis you will have already completed Module I through your Core Skills Diploma.

Imagine being able to be a fabulous communicator with those around you, gain personal success and create more choices in your life to Thrive rather than Survive.

### Focused On:

- Learning how to apply core NLP patterns into your life for more effective communication, personal success and creating more choices in life

### What you will learn:

- Outcomes and framing
- Rapport skills and pattern detection
- Perceptual positions
- Representational systems
- Classic Code NLP change formats
- Personal congruency and the unconscious mind
- NLP Language Models –Meta and Milton Models
- Introduction to New Code NLP

### Outcome:

- Ability to understand and focus on what it is you wish to achieve
- The ability to calibrate verbal and non-verbal behaviour in order to influence and lead a conversation
- You will recognise and utilise self-perception and those of others
- Be able to evaluate performance of self and others to discover new options
- Understanding how we code different behaviours
- The ability to collapse un-resourceful states and establish new resourceful states
- Develop rapport with both conscious and unconscious mind
- Questioning to ensure precise communication
- Hypnotic language to layer change
- Verbal package to specify what you want

5 days

Dates: TBA

Early Booking Investment:

**£999** plus vat

(£1198.80 inc vat)

Full investment: ~~£2198.90 plus vat~~  
Book now and save £1199.90

**Early Book Modules I & II  
at the same time**

**£2468** plus vat

and save an additional

**£130**

Full investment ~~£4838 plus vat~~  
giving a **total saving of**  
**£2369.80**

### Course Information

Venue: **Burn Hall, Huby,  
York**

Dates: **TBA**

Schedule: Registration: **9:30 am**  
Start time: **10:00 am**  
Finish Time: **6:00 pm**

**Total Days: 5**

Instructor:  
Cherylynn Christensen